

Westlake Recreation

Summer Newsletter

2017



Dennis Clough, Mayor

Bob DiMinico, Director

SHAWN HOOD'S BASKETBALL SKILLS AND DRILLS Grades 3-8

Join Westlake High School Varsity Coach Shawn Hood as he works with players to improve shooting, passing and overall skills at this great summer camp for both boys and girls.

7/31-8/3 Monday-Thursday

9-12pm Grades 3-5
12:30-3:30pm Grades 6-8

\$140 Member/\$150 Non Member

SHAWN HOOD'S GUARDS ONLY BASKETBALL CAM Grades 5-8

Join Westlake High School Varsity Boy's Coach Shawn Hood in this guards only position camp. Learn all the fundamentals of being a great guard and a team leader.

6/26-6/29 Monday - Thursday 1-4pm

\$140 Member/\$150 Non Member

Phil Bova Baseball Camp Ages 7-14

Coach Phil Bova leads a staff with over 200 years coaching experience. Coaches from all level of play will be present to instruct everything from hitting and throwing to actual game playing. This camp includes a daily lunch, shirt and cap, guest speakers and a tremendous staff to camper ratio of 1:10.

For more information or to register visit:
www.bovacamps.com or call 440-779-1390

6/12-6/16 Monday-Friday 8:00am-4pm

\$245 per camper

JUNIOR DEMONS SKILLS CAMP Grades K-2

Westlake High School Varsity Boy's Coach Shawn Hood wants to teach your child the mechanics of being a great basketball player.

Children will learn to dribble, pass and shoot properly. Coach Hood's years of experience will make this an enjoyable and rewarding sessions for all.

7/31-8/3 3:45-4:45pm Monday-Thursday

\$40 Member/\$50 Non Member

Westlake T Ball Ages 3-5

Instructional T Ball program where players learn the basics of catching, fielding, throwing and hitting. Then they apply what they have learned in fun, non-competitive games.

Each session has both instructional as well as game time scheduled. Each player will receive a MLB hat, t shirt and medal.

6/10-7/15 Saturdays

Early Session - Games at either 9 or 10 am
Late Session - Games at either 11 or 12noon.
\$70 Resident/\$80 Non Resident

SKYHAWKS GOLF CAMP Ages 5-10

Focuses on building confidence through proper technique and refining skills of the game. Proper focus on form, swinging, putting and body positioning. All equipment provided. Participants will receive a T shirt and Merit award.

7/10-7/14 9-12pm Monday-Friday

\$139 Member/\$149 Non Member

For questions or further information please call
Westlake Recreation 440-808-5700
Or visit our website:
www.cityofwestlake.com



**DEMONS SUMMER
VOLLEYBALL CAMP
Grades 2-6**

This 3 day camp is designed to both introduce and further develop your volleyball skills. Grades 2-4 will focus on the basics of the game while grades 5-6 will look to build upon the basics and get that player ready for the upcoming fall volleyball season. Skills, drill and game situations will all be taught by members of the Westlake High School coaching staff (Dana Wolfe).

7/24-7/26 Monday-Wednesday

9-10:30am Grades 2-4
10:30-12pm Grades 5-6

\$65 Member/\$75 Non Member

YOUTH TENNIS ACADEMY

Ages 6-12

Introduces individuals to the fundamentals of the forehand, backhand, volleys and serve. Practice various skills in groups through station courts.

9-10:30am Monday-Thursday

6/12-6/15
6/19-6/22
6/26-6/9
7/10-7/13
7/17-7/20
7/24-7/27
7/31-8/3
8/7-8/10
8/14-8/17

Ages 13-18

Players are just beginning to play on their own. Emphasis will be on improving proper technique with development of consistency on all strokes through instruction and games.

10:30-12pm Monday-Thursday

6/12-6/15
6/19-6/22
6/26-6/9
7/10-7/13
7/17-7/20
7/24-7/27
7/31-8/3
8/7-8/10
8/14-8/17

\$62 Resident/\$67 Non Resident

**SOCCER CAMP WITH
MIKE BESU
Ages 5-14**

This camp is designed for kids who want to work on their soccer skills during the summer. Receive instruction from area high school soccer coaches and players. Campers should bring a water bottle with them. It is suggested that campers have spikes and shin guards.

9-11:30am Monday-Thursday

6/19-6/23
7/31-8/4

\$90 Member/\$100 Non Member

**BLACK DOG
LACROSSE CAMP
Ages 6-15**

Coaching staff comprised of seasoned high school players and college coaches will be in place to demonstrate great instruction to all of the campers. They will learn key fundamentals of the game, teamwork and sportsmanship through a combination of drills and scrimmage play. All the key skills and field positions - Attack, Midfield, Defense and Goalie will be covered in camp.

Last day of camp will include our popular Lacrosse Olympics where campers get to test their skills.

Beginning players will be required to bring sticks and mouth guards (can be purchased through camp)

Intermediate players will be required to have full equipment. Helmets provided by camp, if necessary.

6/26-6/29 Monday-Thursday

9-12 Noon Girls Beginners, Boys Beginners Ages 6-11
\$95 Resident/\$100 Non Resident

9-12 Noon Girls Intermediate, Boys Intermediate Ages 8-15
\$110 Member/\$115 Non Member

**BLACK DOG LAX
PUPS INTRO CLINIC
Ages 5-7**

Join us for a fun filled lacrosse mini clinic for the younger "pups". Young campers will learn how to handle a lacrosse stick and practice basic skills. Learn how to throw, catch, scoop and cradle in our condensed morning session. All players will to bring in their enthusiasm and a mouth guard. Sticks and soft balls provided.

6/28 Wednesday 9-11am

\$95 Resident/\$100 Non Resident

9-12 Noon Girls Intermediate, Boys Intermediate Ages 8-15
\$15 per participant

**Coed Youth
Flag Football League
Grades 1-6**

Teams from Westlake, Fairview Park, North Olmsted and Bay Village will combine to increase the fun of this sport. Westlake teams will practice in Westlake but they will play their games at the various cities as well as in Westlake. Teams will practice on a weekday night and play games on Saturdays. Registration fee includes jersey. All game supplies provided by the Recreation Department.

Deadline to Register: Thursday, August 24th

Volunteer coaches are needed.

First practice week of 8/28

9/9-10/21 Saturdays 8:00am-4pm

\$65 Resident/\$75 Non Resident